

ISCA Global

Packing Information

Laundry is done once a week during the programme, so students do not need to pack a large amount and should only bring one medium-size suitcase. We also provide sports equipment such as tennis racquets, hockey sticks etc. There is no formal dress requirement, but students need to use common sense over what they wear, and they might like to pack an outfit for the theatre and dances.

Clothing List

The following list is comprehensive but not exclusive. All clothing should be machine-washable and clearly marked. Clothing is laundered free of charge but there is no ironing and we are unable to accept responsibility for items that are lost, damaged or left behind.

- 1 small, lightweight, waterproof backpack
- 1 light waterproof coat with hood
- 2 jumpers
- Hair Bands / Hair Bobbles (if required for sports)
- 4 trousers (e.g. jeans, trackies)
- 2 long-sleeved shirts
- 5 T-shirts
- 4 sports tops
- 2 pairs sports shorts
- 7 pairs socks
- 7 sets of underwear
- 7 pairs sports socks
- 1 plastic water bottle
- 1 large towel (towels are not provided)
- 1 swimsuit (if you wish to swim)
- 1 pair comfortable walking shoes
- 1 pair sports trainers
- 1 pair football boots (if you have them, these are optional, but the ground can get slippery)
- 1 tube toothpaste
- 1 toothbrush
- 1 shampoo/conditioner/shower gel/soap
- 1 mouthguard for sports (again optional, we do not play 'contact' in these sports so is just a precaution if you wish)
- 1 UK travel adaptor