



# ISCA Participant Code of Conduct

*The following code of conduct applies to all ISCA Participants and has been drawn up to ensure your Scottish experience is enjoyable and safe.*

## General principles

### **Mobile Phones**

We encourage you to take your mobile phones on trips to take pictures at appropriate times. There are no restrictions on you using your mobile phone during the day, apart from when we are in the dining room when mobile phones should be put away. Any mobile phone calls must be finished before lights out.

### **Open and Approachable**

You are here to explore new places, learn new things and crucially to meet new people. So try to always keep an open mind, make an effort to speak to a new person every day and look out for those who may be less outgoing than you, remember at the end of the programme you will have all shared this exciting experience together and we want everyone to experience it to the full!

### **Stay Healthy**

Our wonderful kitchen staff do an excellent job of ensuring there is something for everyone and cook to the highest standards, whilst catering for every allergy and dietary requirement. Make sure you are eating three meals a day and stay hydrated.

## Conduct Off Campus

### **Street Crossings**

Look right, left and right again before crossing the road. Listen to staff who will escort you across the road safely and use pedestrian crossings.

### **The Pavement**

We will always be walking on the pavement and will never have any need to walk on the road. However, please be aware that the pavement isn't just for ISCA! There are other people going about their day and we do not want to ruin it for them. Please be courteous and form a single line in places where the pavement is narrow.

### **On the Coach**

Please do not play music without headphones (you may annoy the staff!) and always have your seatbelt fastened. No food and drink (except water) should be consumed on the coach. Keep your own area tidy and take all rubbish off with you.

### **Money**

You will need to budget your spending money and look after it safely. You can always ask an ISCA staff member to look after it if you wish.

### ***See, Explore, Learn***

You will be experiencing an incredible amount of Scottish history and culture. Pay attention to guides and ask questions, your family will love to hear what you have learned when you return home!

### ***Weather***

This is the Scotland. It can be raining one minute and sunny the next, be prepared for all weather conditions.

## **Conduct at the hotel**

### ***At night***

Make sure you get enough sleep, know the fire emergency drill and keep your own room tidy. You should be in your own room each evening at the time stated in the booklet. Students are not permitted to leave their room at night, unless there is an emergency.

### ***Out of Bounds***

ISCA has use of the 7<sup>th</sup> floor of the hotel, accessed from the group entrance to the hotel. This is the entrance all participants should use. Our Common Area and Dining Room are on this floor, there is no need for you to access any other part of the hotel. The rest of the hotel is out of bounds.

### ***Chewing Gum***

Avoid, but if you're hooked make sure you put it in the rubbish bin when finished.

### ***Equipment***

Please treat all items with respect.

### ***Property***

Respect other people's property and do not go into someone else's room if they are not there.