



## ISCA Mobile Phone Policy

We know how important your phones can be, but to make sure everyone has a great time at ISCA, we have a few simple rules for when and how you can use them.

### **When You Can Use Your Phone...**

- You can call or message home each evening between 7.30pm and 9.00pm – but only in your boarding house.
- When you arrive in the UK, we will give you the ISCA Emergency Contact Number. You can call it anytime if you need help.
- You are welcome to take photos with your phone while we're out exploring all the different sites we visit.
- You can listen to music on the coach journeys, as long as you're using headphones.

### **When You Shouldn't Use Your Phone...**

- No phones in the dining room – please leave them in your boarding house during mealtimes.
- Don't bring your phone to sports or activities on campus. Keep it safe in your boarding house.
- Please put your phone away when someone is talking to the group – like during presentations, house meetings or coach announcements.
- When we're visiting amazing places or on a guided walk, enjoy the moment! You can use your phone to take pictures, but don't text or call during these times.
- At lunch off campus, put your phone away and chat with your friends instead.
- You're trusted to keep your phone at night, but there should be no phone calls after lights out.